

Why is it important for us to take care of ourselves?



How can taking care of ourselves help others?



What could you do if someone was unable to help himself? For example, what if a friend wanted to pack an overnight bag, but did not know how to fold clothes? Or what if you saw that a friend's shoelace was untied?



What could you do if you do not know how to do something?



What different environments are you in during a normal day?



How would you feel if you walked into the classroom and found everything out of place? What would you do?

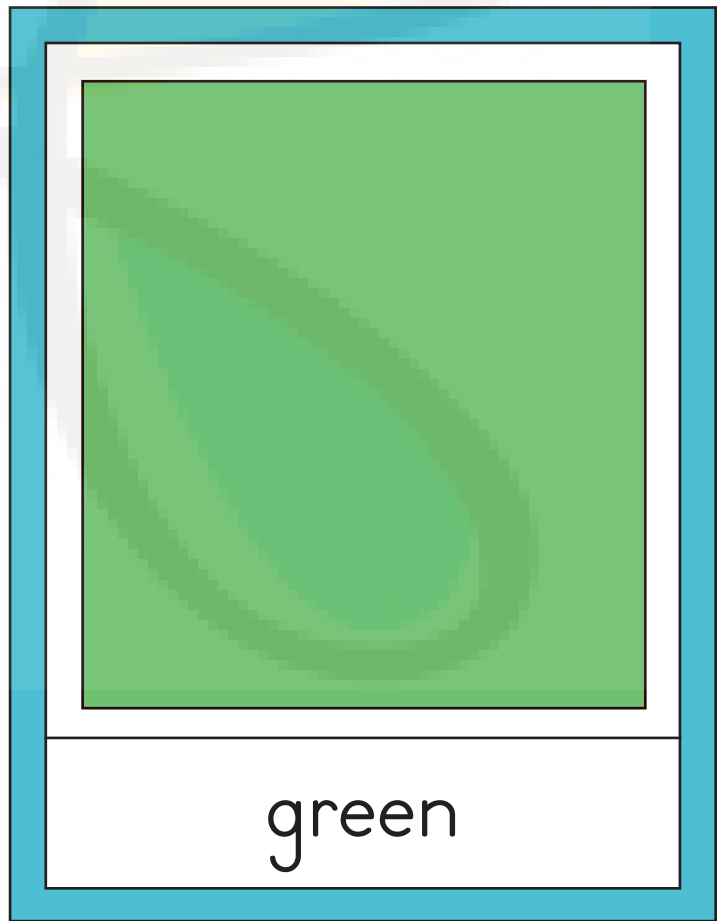
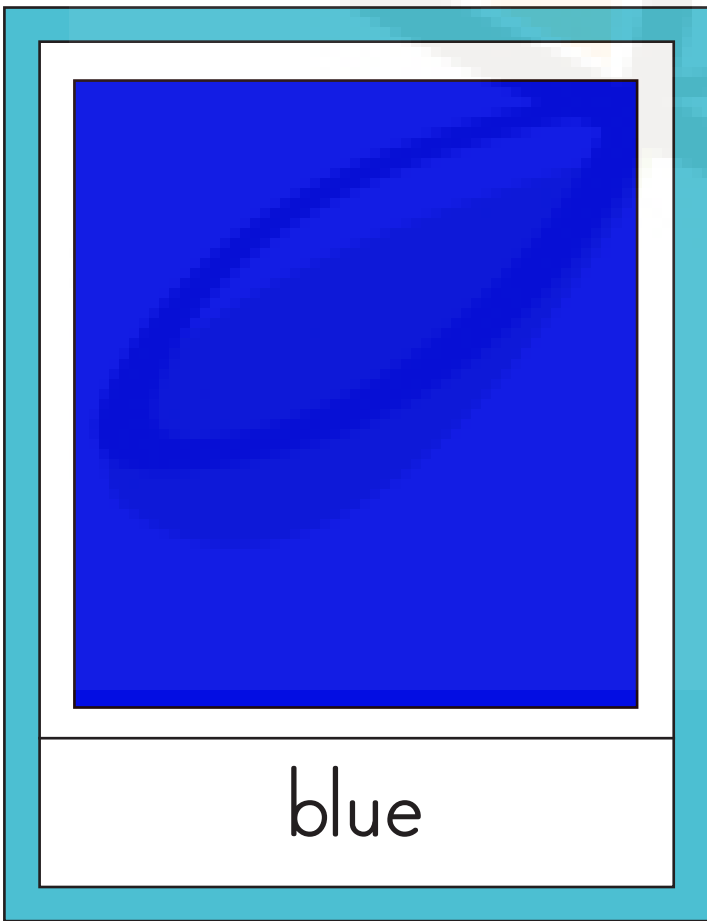
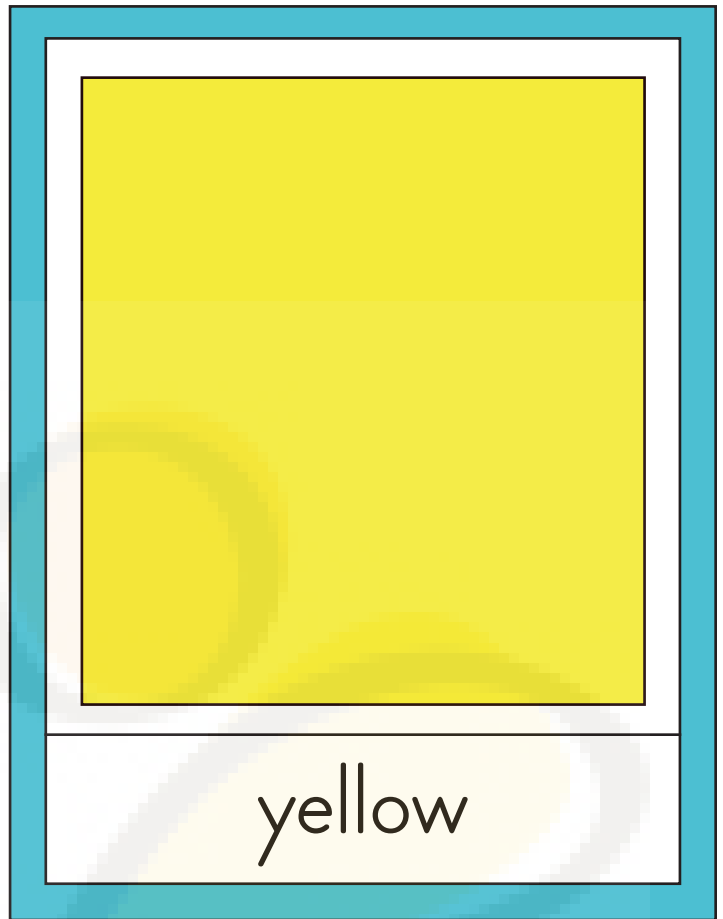
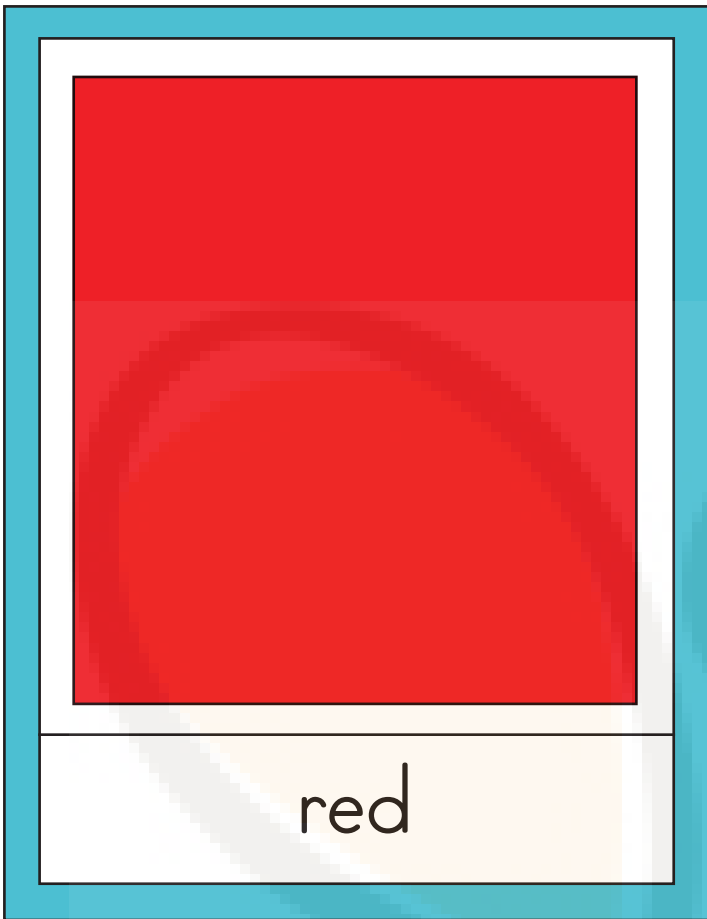


Why is it important to take care of the environment?



What can you do to be a good caretaker of your classroom environment? Your home environment? Your neighborhood environment? The earth?







## Blue Consonant Blend Boxes

Activity: Introducing Consonant Blends

1. You will need seven containers [ideally blue lidded boxes measuring approximately 4" by 4½" (11 cm x 12 cm)].
2. Print the following pages onto white cardstock.
3. Cut out the beginning consonant blend cards and picture cards and laminate them.
4. Label the boxes as follows: "Box 1 – Consonant Blends," "Box 2 – Consonant Blends," etc.
5. Place three sets of beginning consonant blend cards and picture cards into each box.

**Note:** There are 21 beginning blends included as part of NAMC's program. When you are preparing your boxes, include three distinct blends in each box. We suggest that you prepare your boxes as follows:

- Box 1: **cr**, **fl**, **st**
- Box 2: **tw**, **gr**, **sl**
- Box 3: **br**, **cl**, **sw**
- Box 4: **fr**, **gl**, **sn**
- Box 5: **tr**, **pl**, **sc**
- Box 6: **sk**, **pr**, **sm**
- Box 7: **bl**, **sp**, **dr**

# Box 1 - Blends

cr

flag

fl

flask

st



crab

crib



stamp

stump



## Blue Picture Boxes

Activity: Matching with the Blue Material, Part 2: Matching with the Blue Object Boxes

1. You will need 14 containers [ideally blue lidded boxes measuring approximately 4" by 4½" (11 cm x 12 cm)].
2. Print the following pages onto white cardstock.
3. Cut out the picture cards and label cards and laminate them.
4. Label the lid of each box as follows: "Picture Box 1," "Picture Box 2," etc.
5. Place six picture cards and matching label cards in each box.

**Note:** The order of the words in the boxes is not important. You only need to ensure that each box contains six picture cards and matching label cards. For example, Picture Box 1 could include the following words: sled, twins, pram, drill, clog, and prism.

Picture Box 1

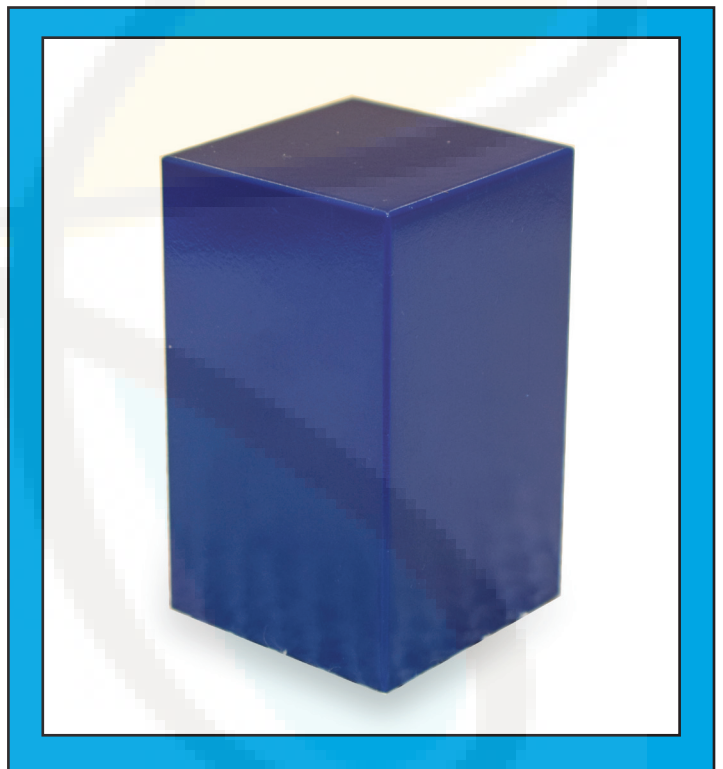
pram

drill



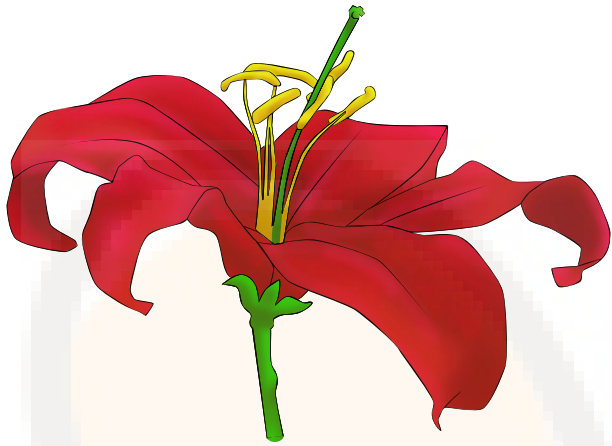
sled

twins

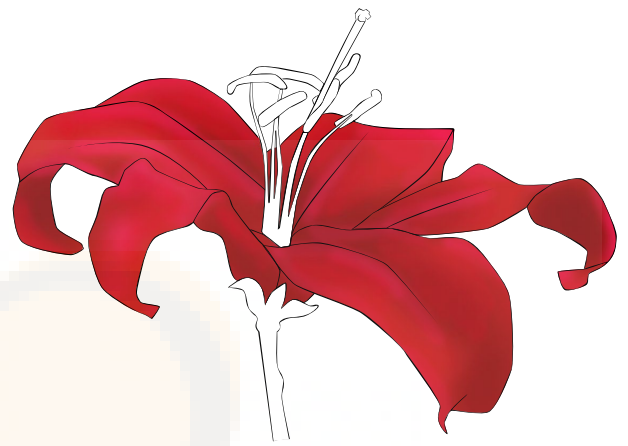


clog

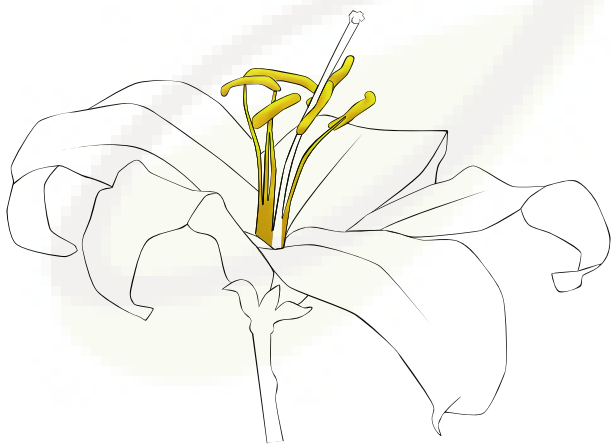
prism



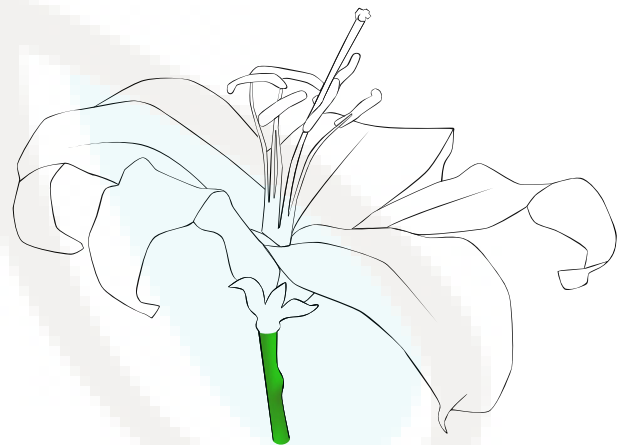
flower



corolla



stamens



pedicel