



How To Polish Shoes

Purpose

To teach a child the skill of polishing shoes. **Age:** 3 years.

Material

A tray with the following items:

A tin of shoe polish

A small shoe brush, which is stored in a zip-locked bag

A piece of newspaper

A polish cloth.

There should be two pairs of children's shoes on the shelf for a child to choose from (one boy's pair and one girl's pair).

Presentation

- This should be an individual presentation.
- Introduce this activity to the child at the shelf.
- Allow the child to select the shoes which she/he would like to polish and place on the tray.
- Ask the child to carry the tray to a table.
- Remove the newspaper from the tray and place it on the table.
- Place the shoes onto the newspaper.
- Remove the brush from the bag and place it along with the polish onto the newspaper.
- Remove the lid from the tin of shoe polish.
- Dip one side of the brush into the polish until its surface is lightly covered with polish.



- Place one hand in the shoe, and begin applying the polish to the shoe, starting at the tip of the shoe, and working toward the back. Use small circular motions.
- Apply more polish if necessary, and repeat on the other side of the shoe.
- Show the child how to complete polishing the shoes using a polishing cloth.
- Replace the brush into the bag, and place the bag and the polish back onto the tray.
- Return the polished shoes to the shelf.
- Fold up the newspaper and place in the recycling bin.
- Invite the child to repeat the activity. Remind her/him to put everything back on the shelf to its original spot with a clean piece of newspaper when she/he has finished.
- Suggest that the child washes her/his hands when she/he is done.