Why is it important for us to take care of ourselves?

How can taking care of ourselves help others?

What could you do if someone was unable to help himself? For example, what if a friend wanted to pack an overnight bag, but did not know how to fold clothes? Or what if you saw that a friend's shoelace was untied?

What could you do if you do not know how to do something?

What different environments are you in during a normal day?

How would you feel if you walked into the classroom and found everything out of place? What would you do?

Why is it important to take care of the environment?

What can you do to be a good caretaker of your classroom environment? Your home environment? Your neighborhood environment? The earth?